

THIS WEEK'S SCHEDULE

SUNDAY

MORNING SERVICES • 8:00 AM & 9:30 AM ORCHESTRA / CHOIR • WORSHIP CENTER
• 9:30 AM & 11:00 AM – WORSHIP BAND • LIVE & LOUD

SPECIAL NEEDS AVAILABLE • 9:30 AM & 11 AM • ROOM 108
HIGH SCHOOL & JR. HIGH • 9:30 AM • STUDENT MINISTRY BUILDING
THE WORD CLASS • 9:30 AM • ROOM 109
COLLEGE (AGES 18-28) • 6:00PM • STUDENT MINISTRY BUILDING

MONDAY

DIVORCE CARE • ON BREAK UNTIL 01/14/19
GRIEF SHARE • ON BREAK UNTIL 01/14/19
PRAYER TEAM • 12:00 PM • PRAYER ROOM WORSHIP CENTER

TUESDAY

GLORYLAND BAND (REHEARSAL) • 6:00 PM • LIVE & LOUD (G101)
SPIRIT CHOIR (REHEARSAL) • 7:00 PM • LIVE & LOUD (G101)

WEDNESDAY

JR. HIGH SCHOOL • 6:30 PM • STUDENT MINISTRY BUILDING
HIGH SCHOOL • 6:30 PM • STUDENT MINISTRY BUILDING
KID VENTURE (PRE-K - 3RD) • 6:30PM • KID'S CHECK-IN
ACTIVATE (4TH - 6TH) • 6:30PM • KID'S CHECK-IN

THURSDAY

MEN'S BIBLE STUDY • 6:00 AM • LIVE & LOUD
EARLY BIRDS (WOMEN) • 7:00 AM • LIVE & LOUD (G101)
WOMEN'S BIBLE STUDY • ON BREAK UNTIL 01/10/19
CELEBRATE RECOVERY (FOR ALL WHO HAVE HURTS, HANG-UPS & HABITS)
• 5:30 PM DINNER • 6:30 PM WORSHIP • 7:30 PM SHARE
GROUPS • 8:30 PM DESSERT • LIVE & LOUD
MEN'S FELLOWSHIP (SERMON BASED) • 6:48PM • RM 203C

UPCOMING EVENTS

21 DAYS OF PRAYER • 01/06/19 • MONDAY - FRIDAY (6:00 AM - 7:00 AM)
• SATURDAY (9:00 AM - 10:00 AM) • WORSHIP CENTER
SUPER SOUPER (PRIME TIMERS) POTLUCK LUNCHEON • 01/26/18 • 12:00
• LIVE & LOUD

[Giving numbers will be available next week.]



01.06.19 | WILL STOLL

LESSON # 1 PRAYER REQUIRES ALL OF YOUR ATTENTION (*1 THESS. 5:23*)

YOU HAVE 3 PARTS

1. **BODY**
2. **SOUL**
3. **MIND**

(*MT. 22:37; PS. 119:2 & 10*)

PRAYING IS NOT EASY (*HEB. 5:7*)

"GOD ENABLED ME TO AGONIZE IN PRAYER TILL I WAS WET WITH PERSPIRATION, THOUGH IN THE SHADE AND IN A COOL PLACE." - **DAVID BRAINERD**

(*LK. 22:41-44; ROM. 15:30*)

HOW DO I BEGIN AN "ALL IN" APPROACH TO PRAYER?

ANSWER: **FASTING** .

DO ORDINARY CHRISTIANS STILL FAST? (*MT. 9:14 & 15*)

1. **DRAW** NEAR TO GOD
2. **ELIMINATE** DISTRACTIONS
3. **RESET** THE SOUL
4. **PREPARE** HEARTS FOR GOOD THINGS

TWO DANGERS TO AVOID (*JMT. 9:14 & 15*)

1. **FASTING** TO IMPRESS
2. **NOT** FASTING TO AVOID LEGALISM (*MT. 6:1; MT. 5:16*)

TYPES OF FASTS

- **COMPLETE** FAST
- **SELECTIVE** FAST
- **PARTIAL** FAST
- **SOUL** FAST

CONTINUED >

GUIDELINES FOR FASTING

1. MAKE SURE YOU ARE MEDICALLY ABLE TO FAST.
2. BELIEVE THAT GOD WILL REWARD YOU IF YOUR MOTIVES ARE RIGHT.
3. START WITH SHORT FASTS AND GRADUALLY LENGTHEN THEM.
4. BE PREPARED FOR SOME WEAKNESS, HEADACHES, OR NAUSEA AT THE BEGINNING.
5. MIX YOUR PRAYER WITH BIBLE / DEVOTIONAL READING AND SINGING.
6. KEEP CHECKING YOUR MOTIVES DURING THE FAST.
7. BREAK A PROLONGED FAST GRADUALLY WITH LIGHT MEALS.

LIFE GROUP NOTES

FOR STARTERS:

HAS GOD EVER DONE SOMETHING MIRACULOUS IN YOUR LIFE THROUGH PRAYER?

QUICK REVIEW:

PRAYER IS CENTRAL TO THE CHRISTIAN LIFE. WE KNOW THAT PRAYER ALLOWS US TO DRAW NEAR TO THE HEART OF GOD. THROUGH OUR COMMUNICATION WITH GOD WE CAN ACTIVELY DEVELOP A RELATIONSHIP WITH JESUS (JOHN 15:15). THESE ARE JUST A FEW OF THE MANY REASONS IT IS SO IMPORTANT TO PRAY. SPEND SOME TIME DISCUSSING PRAYER TOGETHER AS A GROUP.

DIGGING DEEPER:

1. WHEN WE PRAY, GOD REQUIRES ALL OF US. TAKE A MINUTE AND READ MATTHEW 22:34.
 - A. IN WHAT WAY DO YOU WANT TO GROW IN LOVE RIGHT NOW?
 - I. TOWARD GOD?
 - II. TOWARD THOSE IN YOUR FAMILY?
 - III. TOWARD YOURSELF?
 - B. HOW MIGHT PRAYER HELP YOU TO GROW IN YOUR LOVE FOR GOD?
2. IN HEBREWS 5:7 IT TELLS US THAT JESUS, "OFFERED UP PRAYERS AND PETITIONS WITH LOUD CRIES AND TEARS." JESUS PRAYED WITH EVERYTHING HE HAD.
 - A. READ HEBREWS 5:7. WHY DO YOU THINK IT WAS SO IMPORTANT FOR JESUS TO PRAY?

SB. WHAT WERE THE RESULTS OF JESUS' PRAYERS?

C. DO YOU BELIEVE THAT YOUR PRAYERS MIGHT LEAD SOMEONE ELSE TO A SAVING RELATIONSHIP WITH JESUS?

3. HAVE YOU EVER ATTEMPTED TO FAST BEFORE? READ MATTHEW 9:14-17.

A. WHAT DID JOHN'S DISCIPLES WANT TO KNOW?

B. HOW DID JESUS EXPLAIN THE FACT THAT HIS DISCIPLES DID NOT FAST?

C. NOW THAT JESUS HAS DIED, IT IS IMPORTANT FOR US TO FAST. IF YOU HAVE FASTED BEFORE, HOW DID IT AFFECT YOU? DID YOU GROW IN THE PROCESS?

FOR PRAYER:

SPEND SOME TIME PRAYING FOR ONE ANOTHER'S NEEDS.

ARE YOU HAVING A MAJOR LIFE EVENT?

- HAVING A BABY
- ILLNESS
- INJURY
- JOB LOSS
- DEATH
- GETTING MARRIED

We want to encourage you, pray for you, care for you, and reach out in support.

**CONTACT OUR CARE PASTOR TODAY:
(559) 931-1963**

FOR COUNSELING

- MARRIAGE PROBLEMS
- FAMILY ISSUES

Marriage & Family Therapists, Pastoral Counselors, Clinical Social Workers.

**CONTACT LINK CARE:
(559) 439-5920**