



Session 1:

Introduction – What Is Transforming Prayer?

Video

Watch the video and take notes of anything that stands out to you...

Discussion

Break into small groups of 3 to 6 men and discuss the following questions:

1. Exodus 24:9-18 describes four groups of people who saw the glory of God on Mount Sinai. Which of the four most closely describes where you're at in your prayer life? (*Israelites, 70 Elders, Joshua, Moses*)
2. What do you think are some of the obstacles that keep you from growing in your prayer life?
3. We define Transforming Prayer as "*Scripture-fed, Spirit-led, worship-based prayer that results in life-changing intimacy with God.*" Which part of that definition stands out to you the most and why?
4. If there is one thing you could ask God to change in your life, what would it be? Do you believe God is willing and able to meet all of your needs as you learn to come to him in prayer?

Prayer

In your small group, read the following Scripture out loud... take a minute to reflect on it... and then respond to God in prayer.

2 Chronicles 7:14 – “If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.”

1. *(Upward)* – **Praise:** What does this passage teach me about God?
2. *(Inward)* – **Confession:** What does this passage teach me about myself?
3. *(Outward)* – **Petition:** How does this passage lead me to pray for others?

Brotherhood

Pair up with one other man and share your prayer requests. Exchange contact information. Then commit to praying for each other and talking to each other at least once during the week for encouragement and support.

Ecclesiastes 4:12 – “A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.”